

BALLET & DANCE ~ 2018 FALL TERM ~ SEE BOTH SIDES

Term Begins 9/5 and Ends 12/15. CHECK EACH CLASS FOR HOLIDAY CLOSURES.

- ALL TERM RATES ARE DISCOUNTED. MONTHLY PAYMENT PLANS AVAILABLE when applicable - ask Director for more information.
- Drop-In rate per class to be paid in advance: (discounts do not apply) 1/2 hr. - 3/4 hr. = \$18; 1 hr. - 1 1/4 hrs. = \$25; 1 1/2 hrs. - 2 hrs. = \$30.00
- Take a 5% discount when registering for 2 or more classes per week per student with full payment.
- Students progress in their training by developing work ethic, discipline, strength, and technique. Placement and progression to the next level is by recommendation of the ABDA Faculty only. ABDA does not place or advance students solely based on their age or on their level at a previous ballet school. Auditions are not required to perform in student performances.
- Registration is for entire session/term. Advancement is determined by the teacher and occurs in the fall only, after completing a minimum of one year in the previous level. See brochure for Studio Policies. A one-time pro-rate may apply to new students only.
- Private, Semi-Private and Small Group coaching available by appointment. Gift Certificates Available.
- **PUNCTUALITY and ATTENDANCE ARE VITAL TO INDIVIDUAL & CLASS PROGRESS & SUCCESS.** Missed classes must be made up at or below class level. Intermediate and above are approved to take the Essential Ballet class tuition free to help speed their development.
- Ballet 2 ~ Ballet 3 register for 2 technique classes per week. Intermediate and up register for 3 classes per week.
- Students must attend 2 ABDA technique classes per week to take any class en Pointe and Pre-Pointe.

Students are strongly encouraged to participate in ABDA's annual student performances. Auditions are not required. Performing is not mandatory. Ballet 2 ~ Ballet 3 must take 2 classes per week to perform in spring recital. Intermediate and up must take 3 classes per week to perform in spring recital.

****2019 SPRING RECITAL DATES: In-Studio Rehearsal ~ 5/19. PCC Rehearsals ~ June 5 and June 6; Dress Rehearsal ~ June 7; Performance ~ June 9.**

PRE-PROFESSIONAL BALLET LEVELS

INTERMEDIATE 1 ~ Technique & Pointe (Pointe for students enrolled in Friday Pointe Class):

Register for 3 classes per week including Demi-Pointe/Pointe class. Students must have completed Ballet 5 or equivalent.

Monday (No 11/19)	Ages 12+	4:30-6:15 pm	\$241/term
Wednesday (No 10/31, 11/21)	Ages 12+	4:30-6:15 pm	\$241/term

INTERMEDIATE 2 / ADVANCED FOUNDATION ~ Technique, Character, & Pointe (Pointe for students enrolled in Friday Pointe Class): Register for 3 classes per week including Pointe class.

Monday (No 11/19)	Ages 13+	6:00-8:00 pm	\$246/term
Wednesday (No 10/31, 11/21)	Ages 13+	6:00-8:00 pm	\$246/term

PRE-POINTE*BEG. POINTE* STRETCH: Highly recommended for strength and technique conditioning.

Friday (No 11/23)	Ages 10+	4:45-6:00 pm	\$233/term
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INTERMEDIATE 2 / ADVANCED POINTE*PIROUETTE*STRETCH

Friday (No 11/23)	Ages 13+	5:15-6:45 pm	\$238/term
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TEEN / ADULT BALLET & PILATES CLASSES

ESSENTIAL BALLET: Ideal for “resumers” and those who haven’t danced in decades. Build strength and technique at the barre while improving body alignment and coordination. A versatile class with combinations scaled to accommodate the student’s skill level. The perfect class for musical theater and dance team students.

Thursday (9/20-11/8)	Teen-Adult	7:30-8:45 pm	\$154/term-8 weeks
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PILATES ESSENTIAL MAT: Achieve the health benefits of Pilates as you perform the basic principles and essential exercises on the mat. Improve your core strength and flexibility while correcting imbalances. Beginners welcome.

Wednesday (9/5-10/17)	Teen/Adult	10:15 am	\$119 (7-wks)
Wednesday (10/24-12/12, No 11/21)	Teen/Adult	10:15 am	\$119 (7-wks)

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